

Introduction to the Calculus of Variations: Lecture 15

Swarnendu Sil

Department of Mathematics
Indian Institute of Science

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Poincaré-Sobolev inequalities

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Now we plan to derive a local version of a Poincaré inequality.

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Lemma (Local Poincaré inequality)

For every $1 \leq p < \infty$,

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Lemma (Local Poincaré inequality)

For every $1 \leq p < \infty$, there exists a constant $c > 0$, depending only on n and p such that

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For every $1 \leq p < \infty$, there exists a constant $c > 0$, depending only on n and p such that

$$\int_{B(x,r)} |u(y) - u(z)|^p \, dy \leq cr^{n+p-1} \int_{B(x,r)} \frac{|\nabla u(y)|^p}{|y - z|^{n-1}} \, dy, \quad (1)$$

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for every ball $B(x,r) \subset \mathbb{R}^n$, every $z \in B(x,r)$ and every $u \in W^{1,p}(\mathbb{R}^n)$.

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Remark

Note that like the Poincaré inequality,

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Note that like the Poincaré inequality, here also the estimate controls certain integral related to u by integrals related to ∇u .

Proof.

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Proof. We can obviously assume $u \in C^1(\mathbb{R}^n)$.

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Proof. We can obviously assume $u \in C^1(\mathbb{R}^n)$. For $y, z \in B(x, r)$, we have,

$$u(y) - u(z) = \int_0^1 \frac{d}{dt} u(z + t(y - z)) dt$$

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Thus, we have,

$$|u(y) - u(z)|^p \leq |y - z|^p \int_0^1 |\nabla u(z + t(y - z))|^p dt. \quad (2)$$

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Let $k > 0$ be a number such that $B(x, r) \subset B(z, kr)$ for any $z \in B(x, r)$.

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Now, for any $s > 0$,

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Now, for any $s > 0$, integrating (2) over $y \in \partial B(z, s)$, we have,

$$\int_{B(x,r) \cap \partial B(z,s)} |u(y) - u(z)|^p \, d\mathcal{H}^{n-1}(y)$$

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Putting $w = z + t(y - z)$

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 &= s^{n+p-2} \int_0^s \int_{B(x,r) \cap \partial B(z,\theta)} \frac{|\nabla u(w)|^p}{|w-z|^{n-1}} \, d\mathcal{H}^{n-1}(w) \, d\theta
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 &\leq s^{n+p-2} \int_{B(x,r)} \frac{|\nabla u(w)|^p}{|w-z|^{n-1}} \, dw.
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So we arrive at

$$\begin{aligned} & \int_{B(x,r) \cap \partial B(z,s)} |u(y) - u(z)|^p \, d\mathcal{H}^{n-1}(y) \\ & \leq s^{n+p-2} \int_{B(x,r)} \frac{|\nabla u(w)|^p}{|w - z|^{n-1}} \, dw. \end{aligned}$$

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Integrating w.r.t s from 0 to kr

So we arrive at

$$\begin{aligned} & \int_{B(x,r) \cap \partial B(z,s)} |u(y) - u(z)|^p \, d\mathcal{H}^{n-1}(y) \\ & \leq s^{n+p-2} \int_{B(x,r)} \frac{|\nabla u(w)|^p}{|w-z|^{n-1}} \, dw. \end{aligned}$$

Integrating w.r.t s from 0 to kr and noticing that
 $B(x, r) \subset B(z, kr)$,

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$$\int_{B(x,r)} |u(y) - u(z)|^p \, dy \leq \int_{B(x,r) \cap B(z,kr)} |u(y) - u(z)|^p \, dy$$

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Integrating w.r.t s from 0 to kr and noticing that $B(x,r) \subset B(z,kr)$, we deduce

$$\begin{aligned} \int_{B(x,r)} |u(y) - u(z)|^p \, dy & \leq \int_{B(x,r) \cap B(z,kr)} |u(y) - u(z)|^p \, dy \\ & = \int_0^{kr} \int_{B(x,r) \cap \partial B(z,s)} |u(y) - u(z)|^p \, d\mathcal{H}^{n-1}(y) \, ds \\ & \leq \int_0^{kr} s^{n+p-2} \, ds \int_{B(x,r)} \frac{|\nabla u(w)|^p}{|w-z|^{n-1}} \, dw \\ & \leq cr^{n+p-1} \int_{B(x,r)} \frac{|\nabla u(y)|^p}{|y-z|^{n-1}} \, dy. \end{aligned}$$

This proves the lemma. □

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We now prove a Poincaré type inequality for $W^{1,p}$ functions.

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We now prove a Poincaré type inequality for $W^{1,p}$ functions.

Theorem (Poincaré inequality with mean on balls)

For every $1 \leq p < \infty$,

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Poincaré inequality with mean on balls

We now prove a Poincaré type inequality for $W^{1,p}$ functions.

Theorem (Poincaré inequality with mean on balls)

For every $1 \leq p < \infty$, there exists a constant $c > 0$,

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We now prove a Poincaré type inequality for $W^{1,p}$ functions.

Theorem (Poincaré inequality with mean on balls)

For every $1 \leq p < \infty$, there exists a constant $c > 0$, depending only on n and p

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Theorem (Poincaré inequality with mean on balls)

For every $1 \leq p < \infty$, there exists a constant $c > 0$, depending only on n and p such that

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For every $1 \leq p < \infty$, there exists a constant $c > 0$, depending only on n and p such that

$$\int_{B(x,r)} \left| u(y) - (u)_{B(x,r)} \right|^p dy \leq cr^p \int_{B(x,r)} |\nabla u(y)|^p dy, \quad (3)$$

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Remark

Here the integral mean is

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Remark

Here the integral mean is

$$(u)_{B(x,r)} := \frac{1}{|B(x,r)|} \int_{B(x,r)} u(y) dy$$

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and the notation for averaged integral is defined as

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Here the integral mean is

$$(u)_{B(x,r)} := \frac{1}{|B(x,r)|} \int_{B(x,r)} u(y) dy$$

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$$\int_{B(x,r)} f(y) dy = \frac{1}{|B(x,r)|} \int_{B(x,r)} u(y) dy.$$

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Proof.

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Proof. As usual we can assume $u \in C^1(\mathbb{R}^n)$.

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Proof. As usual we can assume $u \in C^1(\mathbb{R}^n)$. Now we have,

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$$\begin{aligned} & \int_{B(x,r)} \left| u(y) - (u)_{B(x,r)} \right|^p dy \\ &= \int_{B(x,r)} \left| \int_{B(x,r)} (u(y) - u(z)) dz \right|^p dy \end{aligned}$$

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Now, applying Lemma 1 to estimate the RHS,

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Now using Fubini, we deduce

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Now using Fubini, we deduce

$$\begin{aligned} & \int_{B(x,r)} \left| u(y) - (u)_{B(x,r)} \right|^p dy \\ & \leq cr^{p-1} \int_{B(x,r)} \int_{B(x,r)} \frac{|\nabla u(z)|^p}{|y-z|^{n-1}} dz dy \\ & = cr^{p-1} \int_{B(x,r)} |\nabla u(z)|^p \left(\int_{B(x,r)} \frac{1}{|y-z|^{n-1}} dy \right) dz \\ & \leq cr^{p-1} \int_{B(x,r)} |\nabla u(z)|^p \left(\frac{1}{r^n} \int_{B(z,kr)} \frac{1}{|y-z|^{n-1}} dy \right) dz \end{aligned}$$

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As a corollary, we derive the Poincaré-Sobolev inequality with mean on balls.

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As a corollary, we derive the Poincaré-Sobolev inequality with mean on balls.

Theorem (Poincaré-Sobolev inequality with mean on balls)

For every $1 \leq p < n$,

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As a corollary, we derive the Poincaré-Sobolev inequality with mean on balls.

Theorem (Poincaré-Sobolev inequality with mean on balls)

For every $1 \leq p < n$, there exists a constant $c > 0$,

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As a corollary, we derive the Poincaré-Sobolev inequality with mean on balls.

Theorem (Poincaré-Sobolev inequality with mean on balls)

For every $1 \leq p < n$, there exists a constant $c > 0$, depending only on n and p such that

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As a corollary, we derive the Poincaré-Sobolev inequality with mean on balls.

Theorem (Poincaré-Sobolev inequality with mean on balls)

For every $1 \leq p < n$, there exists a constant $c > 0$, depending only on n and p such that

$$\left(\int_{B(x,r)} |u(y) - (u)_{B(x,r)}|^{p^*} dy \right)^{\frac{1}{p^*}} \leq cr \left(\int_{B(x,r)} |\nabla u(y)|^p dy \right)^{\frac{1}{p}}, \quad (4)$$

As a corollary, we derive the Poincaré-Sobolev inequality with mean on balls.

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For every $1 \leq p < n$, there exists a constant $c > 0$, depending only on n and p such that

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for every ball $B(x, r) \subset \mathbb{R}^n$ and every $u \in W^{1,p}(\mathbb{R}^n)$.

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Proof.

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$$\begin{aligned} & \left(\int_{B(x,r)} |v(y)|^{p^*} dy \right)^{\frac{1}{p^*}} \\ & \leq c \left(r^p \int_{B(x,r)} |\nabla v(y)|^p dy + \int_{B(x,r)} |v(y)|^p dy \right)^{\frac{1}{p}}, \end{aligned}$$

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Note that replacing v by $\frac{1}{r}v(ry)$ and translation, we can assume that $x = 0$ and $r = 1$. But in this case, the inequality above is just the Poincaré-Sobolev inequality for the bounded domain $B(0, 1) \subset \mathbb{R}^n$.

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Note that replacing v by $\frac{1}{r}v(r\cdot)$ and translation, we can assume that $x = 0$ and $r = 1$. But in this case, the inequality above is just the Poincaré-Sobolev inequality for the bounded domain $B(0, 1) \subset \mathbb{R}^n$.

This proves the inequality.

Now we apply this inequality to the function $v := u - (u)_{B(x,r)}$.

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Now we use the Poincaré inequality with mean on balls

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Now we use the Poincaré inequality with mean on balls to estimate the last term to obtain

$$\left(\int_{B(x,r)} |u - (u)_{B(x,r)}|^{p^*} \right)^{\frac{1}{p^*}} \leq c \left(r^p \int_{B(x,r)} |\nabla u|^p \right)^{\frac{1}{p}}.$$

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This proves the theorem. □

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Now we prove an important inequality.

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Theorem (Morrey's inequality)

For every $n < p < \infty$,

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Now we prove an important inequality.

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For every $n < p < \infty$, there exists a constant $c > 0$,

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For every $n < p < \infty$, there exists a constant $c > 0$, depending only on n and p such that

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Theorem (Morrey's inequality)

For every $n < p < \infty$, there exists a constant $c > 0$, depending only on n and p such that

$$|u(y) - u(z)| \leq cr \left(\int_{B(x,r)} |\nabla u(y)|^p dy \right)^{\frac{1}{p}}, \quad (5)$$

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For every $n < p < \infty$, there exists a constant $c > 0$, depending only on n and p such that

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for a.e. $y, z \in B(x, r)$ for every ball $B(x, r) \subset \mathbb{R}^n$ and for every $u \in W^{1,p}(\mathbb{R}^n)$.

We use the local Poincaré inequality lemma with $p = 1$

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We use the local Poincaré inequality lemma with $p = 1$ to deduce

$$\begin{aligned} & |u(y) - u(z)| \\ & \leq \int_{B(x,r)} (|u(y) - u(w)| + |u(w) - u(z)|) \, dw \end{aligned}$$

We use the local Poincaré inequality lemma with $p = 1$ to deduce

$$\begin{aligned} & |u(y) - u(z)| \\ & \leq \int_{B(x,r)} (|u(y) - u(w)| + |u(w) - u(z)|) \, dw \\ & \leq c \int_{B(x,r)} |\nabla u(w)| \left(|y - w|^{1-n} + |z - w|^{1-n} \right) \, dw \end{aligned}$$

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$$\stackrel{\text{Hölder}}{\leq} c \left(\int_{B(x,r)} (|y - w|^{1-n} + |z - w|^{1-n})^{\frac{p}{p-1}} \, dw \right)^{\frac{p-1}{p}} \left(\int_{B(x,r)} |\nabla u(w)|^p \, dw \right)^{\frac{1}{p}}$$

We use the local Poincaré inequality lemma with $p = 1$ to deduce

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We use the local Poincaré inequality lemma with $p = 1$ to deduce

$$\begin{aligned} & |u(y) - u(z)| \\ & \leq \int_{B(x,r)} (|u(y) - u(w)| + |u(w) - u(z)|) \, dw \\ & \leq c \int_{B(x,r)} |\nabla u(w)| (|y - w|^{1-n} + |z - w|^{1-n}) \, dw \end{aligned}$$

$$\begin{aligned} & \stackrel{\text{Hölder}}{\leq} c \left(\int_{B(x,r)} (|y - w|^{1-n} + |z - w|^{1-n})^{\frac{p}{p-1}} \, dw \right)^{\frac{p-1}{p}} \left(\int_{B(x,r)} |\nabla u(w)|^p \, dw \right)^{\frac{1}{p}} \\ & \leq c r^{1-\frac{n}{p}} \left(\int_{B(x,r)} |\nabla u(w)|^p \, dw \right)^{\frac{1}{p}}. \end{aligned}$$

This proves the inequality. □

We use the local Poincaré inequality lemma with $p = 1$ to deduce

$$\begin{aligned} & |u(y) - u(z)| \\ & \leq \int_{B(x,r)} (|u(y) - u(w)| + |u(w) - u(z)|) \, dw \\ & \leq c \int_{B(x,r)} |\nabla u(w)| (|y - w|^{1-n} + |z - w|^{1-n}) \, dw \end{aligned}$$

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Note that in the last line above,

We use the local Poincaré inequality lemma with $p = 1$ to deduce

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$$\begin{aligned} & \stackrel{\text{Hölder}}{\leq} c \left(\int_{B(x,r)} (|y - w|^{1-n} + |z - w|^{1-n})^{\frac{p}{p-1}} \, dw \right)^{\frac{p-1}{p}} \left(\int_{B(x,r)} |\nabla u(w)|^p \, dw \right)^{\frac{1}{p}} \\ & \leq c r^{1-\frac{n}{p}} \left(\int_{B(x,r)} |\nabla u(w)|^p \, dw \right)^{\frac{1}{p}}. \end{aligned}$$

This proves the inequality. □

Note that in the last line above, we used the convexity of the function $t \mapsto t^{\frac{p}{p-1}}$

We use the local Poincaré inequality lemma with $p = 1$ to deduce

$$\begin{aligned}
 & |u(y) - u(z)| \\
 & \leq \int_{B(x,r)} (|u(y) - u(w)| + |u(w) - u(z)|) \, dw \\
 & \leq c \int_{B(x,r)} |\nabla u(w)| (|y - w|^{1-n} + |z - w|^{1-n}) \, dw \\
 & \stackrel{\text{Hölder}}{\leq} c \left(\int_{B(x,r)} (|y - w|^{1-n} + |z - w|^{1-n})^{\frac{p}{p-1}} \, dw \right)^{\frac{p-1}{p}} \left(\int_{B(x,r)} |\nabla u(w)|^p \, dw \right)^{\frac{1}{p}} \\
 & \leq c r^{1-\frac{n}{p}} \left(\int_{B(x,r)} |\nabla u(w)|^p \, dw \right)^{\frac{1}{p}}.
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$$\int_{B(x,r)} |y - w|^{\frac{p(1-n)}{p-1}} \, dw \leq \int_{B(y,kr)} |y - w|^{\frac{p(1-n)}{p-1}} \, dw$$

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Note that in the last line above, we used the convexity of the function $t \mapsto t^{\frac{p}{p-1}}$ and the estimate

$$\begin{aligned}
 \int_{B(x,r)} |y - w|^{\frac{p(1-n)}{p-1}} \, dw & \leq \int_{B(y,kr)} |y - w|^{\frac{p(1-n)}{p-1}} \, dw \\
 & = \int_0^{kr} \int_{\mathbb{S}^{n-1}} \rho^{(n-1)(1-\frac{p}{p-1})} \, d\rho \, d\theta = cr^{\frac{p-n}{p-1}}.
 \end{aligned}$$

Sobolev embedding for $p > n$

Morrey's inequality implies that $W^{1,p}$ functions with $p > n$ are Hölder continuous with exponent $\alpha = 1 - \frac{n}{p}$.

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Theorem (Sobolev embedding in \mathbb{R}^n for $p > n$)

Let $n < p < \infty$.

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By Morrey's inequality, for a.e. $x, y \in \mathbb{R}^n$ with $|x - y| = r$, we have,

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Hölder continuity follows (See Lecture notes for details).



Theorem (Sobolev embedding in bounded domains for $p > n$)

Let $\Omega \subset \mathbb{R}^n$ be open, bounded and smooth

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Theorem (Sobolev embedding in bounded domains for $p > n$)

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$$|u(x) - u(y)| \leq c |x - y|^{1 - \frac{n}{p}} \|u\|_{W^{1,p}(\Omega)}.$$

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Letting $p \rightarrow \infty$,

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Letting $p \rightarrow \infty$, we obtain $W^{1,\infty}(\Omega) \subset C^{0,1}(\overline{\Omega})$.

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Letting $p \rightarrow \infty$, we obtain $W^{1,\infty}(\Omega) \subset C^{0,1}(\overline{\Omega})$. The other inclusion is easy and was proved earlier in this chapter. □

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Thank you
Questions?

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